

Introduction

OVERPROTECTIVE PARENTING

- Excessive protective parental behaviors that are inappropriate considering the child's developmental level (Holmbeck et al., 2002; Thomasgard et al., 1995)
 - Infantilization
 - Anxious rearing
 - Premature problem solving
 - Invasion of privacy

The **detrimental impact of overprotective** parenting on children has been extensively studied.

What about its determinants?

FINANCIAL SCARCITY

- A situation characterized by a **lack of financial resources** to meet basic needs and achieve financial security (Wittkowski et al., 2017)
- According to the Family Stress Model (Masarik & Conger, 2017)
 - Financial scarcity can lead to **parental stress**
 - Which is shown to **affect parenting practices**
 - Less effective or more negative parenting behaviors such as **overprotection?**



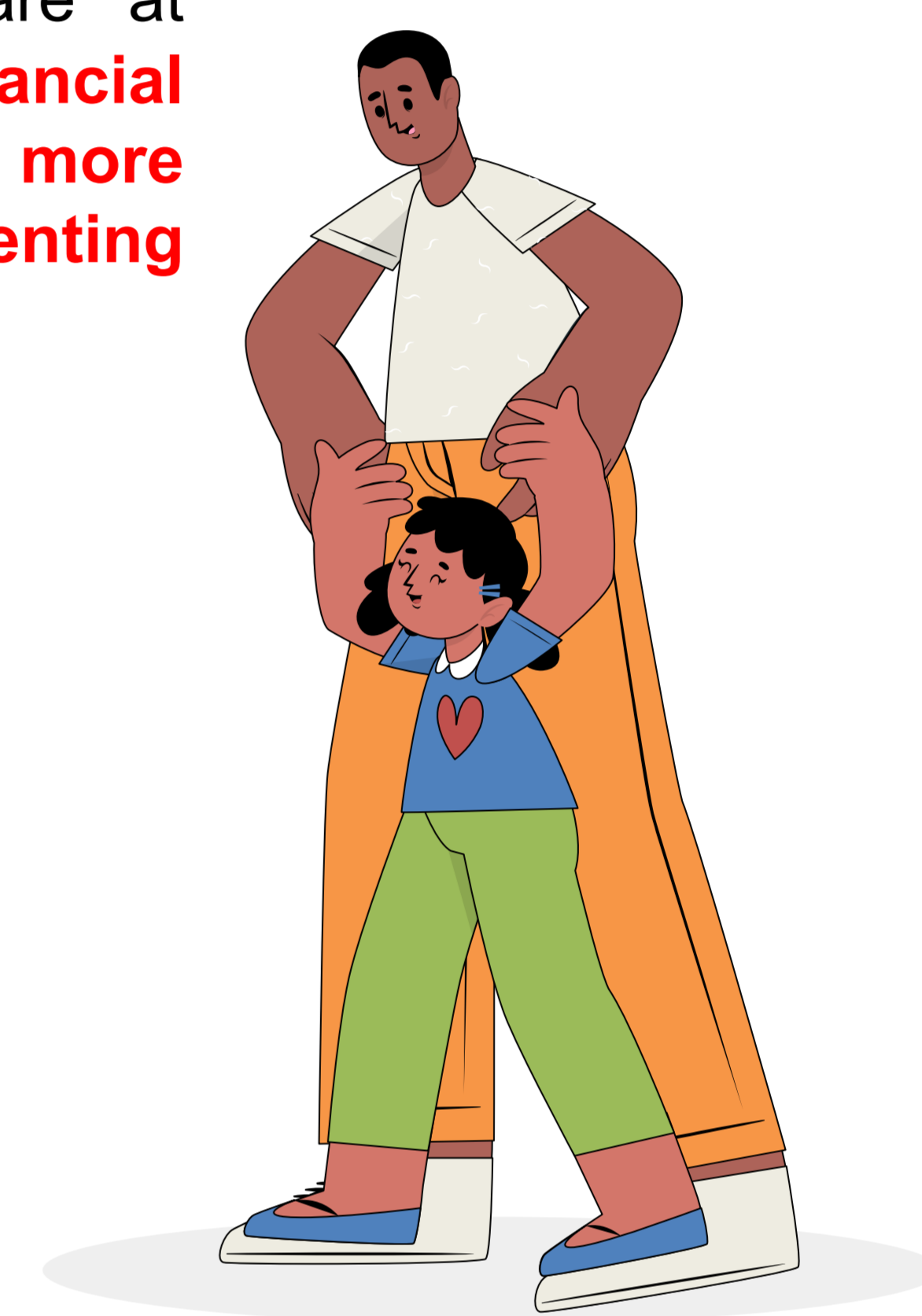
PARENTAL SELF-EFFICACY as a mediator

- One's judgment of personal capability to fulfill the role of a parent (Coleman & Karraker, 2000)
- Parents with **high self-efficacy** tend to be **less overprotective?**
 - They are more inclined to allow their child to take age-appropriate risks
- Parents with **low self-efficacy** tend to adopt **more overprotective behaviors**
 - They fear that their child may struggle with challenging situations without their assistance



SINGLE PARENT STRUCTURE as a moderator

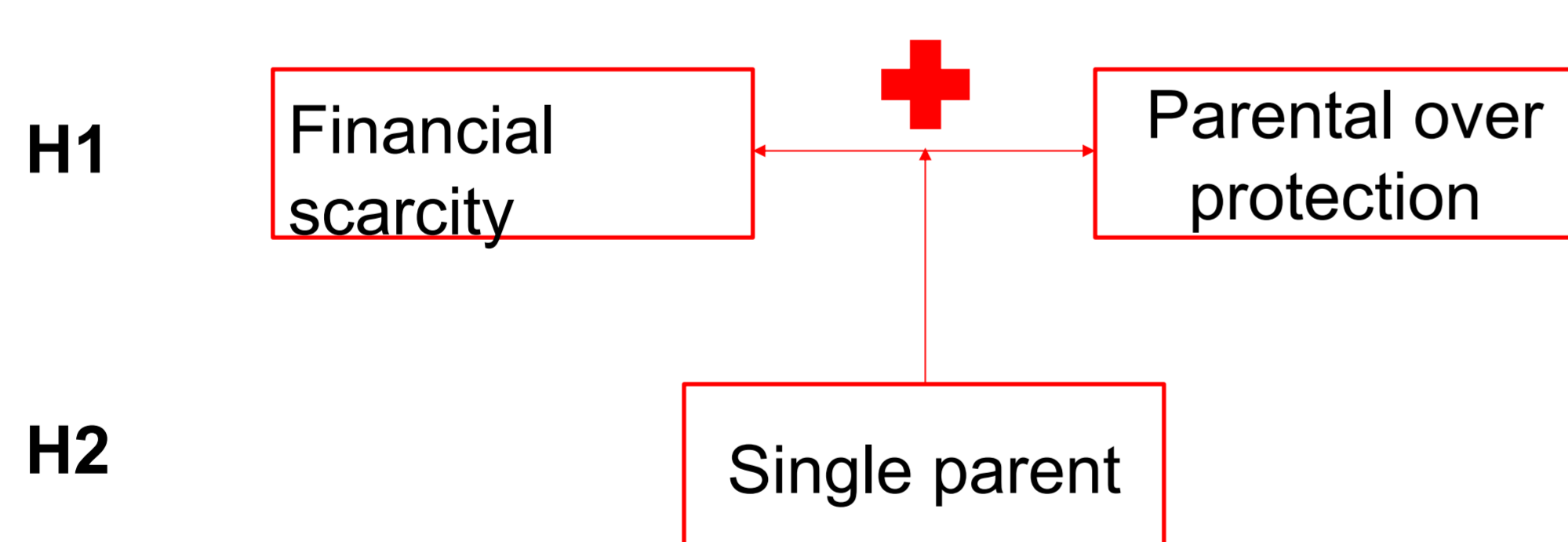
Single parents, who are at **higher risk of financial insecurity**, may be even **more susceptible** to such **parenting challenges**



Aims & Hypotheses

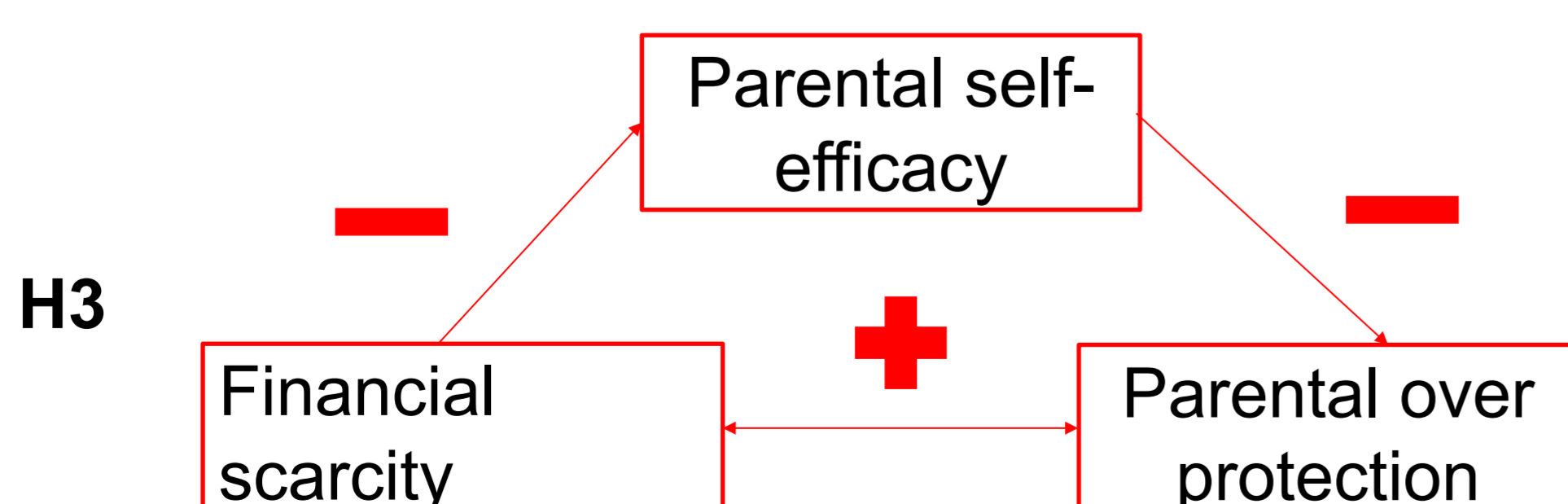
Aim 1

- Investigate the **potential association** of **financial scarcity** on parents' **overprotective behaviors**
- Explore the **moderating role** of **single parent** family structure in this relationship



Aim 2

- Understand the underlying mechanisms by investigating **parental self-efficacy** as a potential **mediator**



Method

SAMPLE

- N= 336** parents of adolescents
 - 200 mothers and 136 fathers
- Parents recruitment via secondary schools in the French-speaking part of Belgium

OVERPROTECTIVE PARENTING

Multidimensional Overprotective Parenting Scale (S-MOPS ; Chevrier et al., 2023)

- Adapted from the child to the parent's perspective
- 16 items
- E.g., "I try to solve all of the problems of my son/daughter without him/her having to do anything."

FINANCIAL SCARCITY

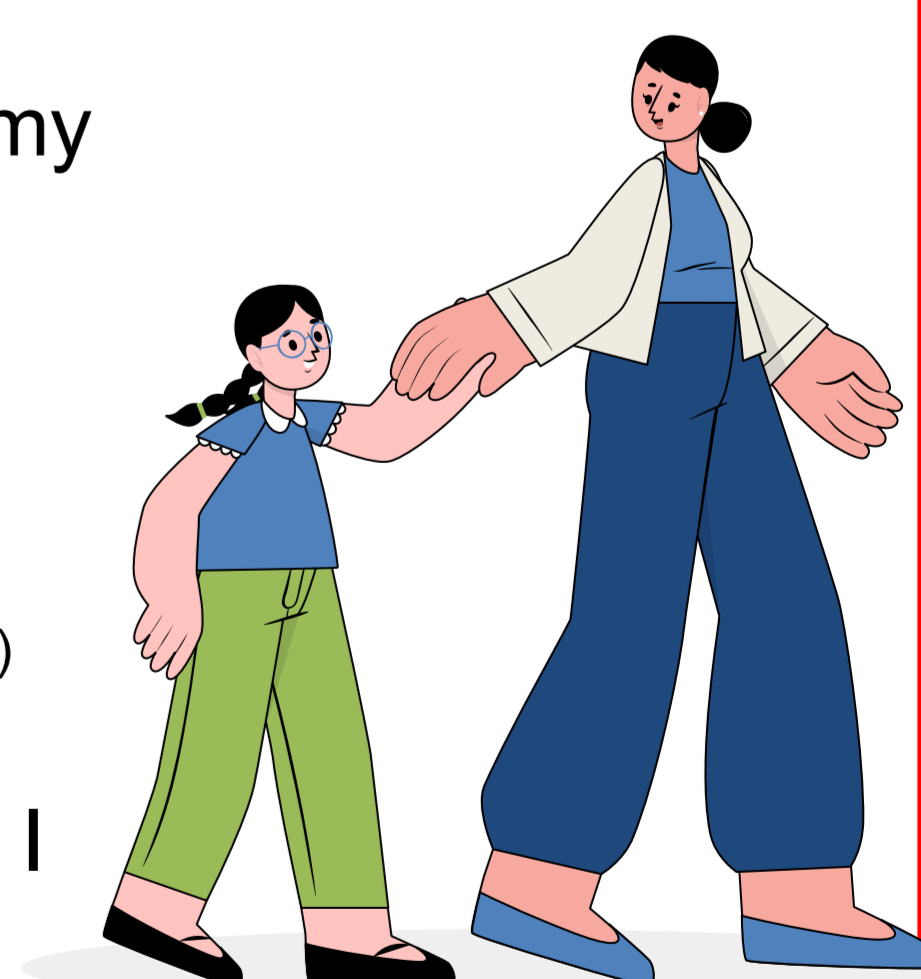
Perceived Financial Scarcity (Hilbert et al., 2021)

- 12 items
- E.g., "I am constantly wondering whether I have enough money."

PARENTAL SELF-EFFICACY

Me As A Parent (MAAP; Hamilton et al., 2015)

- 4 items
- E.g., "I have confidence in myself as a parent."



References

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