# Examining the Interplay Between Father's Involvement and Mothers' Gender Essentialist Beliefs About Parenthood

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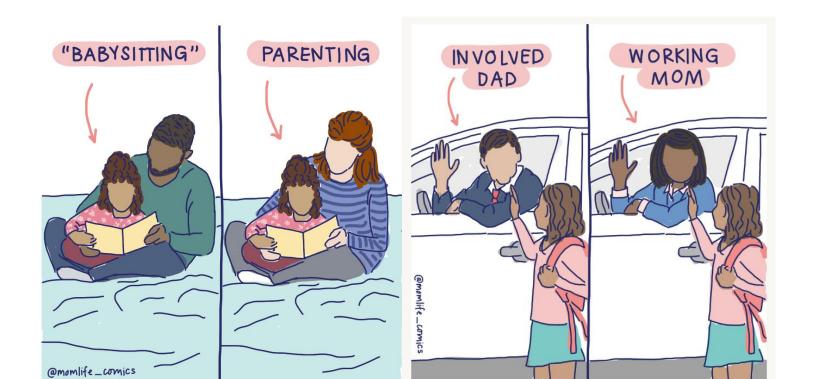






#### Fathers' involvement

- Modern families and new expectations towards fathers
- Despite changes,
  - Disparities persist
- Different factors at the societal and individual levels





#### Original Article

#### Paternal Identity, Gatekeeping, an

Sex Roles (2024) 90:267-279 https://doi.org/10.1007/s11

ORIGINAL ARTICLE

Brent A. McBride Geoffrey L

Abstract: The purpose of this stutribute to mothers influencing the parent families with children bety were collected from both mothers ceived investments in their parent about the role of the father. Findi and maternal gatekeeping as well

Key Words: father involvement, m

Work and Chile

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Mother's Instir

The Relations Between Parents' Gender Equality Values and (co) parenting: Examining **Actor-Partner Effects in** an Australian **Community Sample** 

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#### Gender essentialist beliefs

"Fathers are biologically less suited to parenting than mothers"

still divided predomiivision of family roles mothers' and fathers'

## 1) Gatekeeping Hypothesis



mother's essentialism => gatekeeping => lower paternal involvement



Maternal Gatekeeping (Allen & Hawkins, 1999)

"Discourage and control the other parent's involvement in childcare"

## 2) Cognitive Dissonance Hypothesis

Traditional shift after transition to parenthood (e.g., Buchler et al., 2017)





Paternal involvement lower than expected => mothers' essentialism

#### Objectives & Sample

- Concurrently test 2 HYPOTHESES
  - Mothers' essentialism <-> Fathers' parenting practices
  - 2) Maternal gatekeeping as a mediator

#### With

N= 373 families through secondary schools

- Parents of adolescents in penultimate year of obligatory schooling
- 3 Assessments (every 6 months)



#### Fathers' Measures

#### T1 & T3

- Responsiveness (Schaefer, 1965; 7 items)
   I give my child a lot of care and attention.
- Autonomy support (Cheung et al., 2016; 8 items)
   I allow my child to make choices about his/her studying as much as possible.
- Overprotection (Chevrier et al., 2023; 10 items)
   I give my child the impression that I don't want him/her to grow up.
- Controlling Parenting (Cheung et al., 2016; 10 items)
   For things related to school, I'm usually in charge.





#### Mothers' Measures

#### T1 & T3

Essentialism (Liss et al., 2013; 5 items + Loyal et al., 2017; 1 item)

Although fathers are important, ultimately children need mothers more.



#### T2

Gatekeeping (Allen & Hawkins, 1999; 3 items)

It's hard to teach my partner the skills necessary to do certain childcare tasks right, so I'd rather do them myself.



## Method

#### Cross-lagged

T1

- Wave 1-3
- Mothers and fathers
- Fathers' practices separately
- Full information maximum likelihood

#### Gatekeeping Hypothesis

T1 T3

Mother's essentialism

Т3

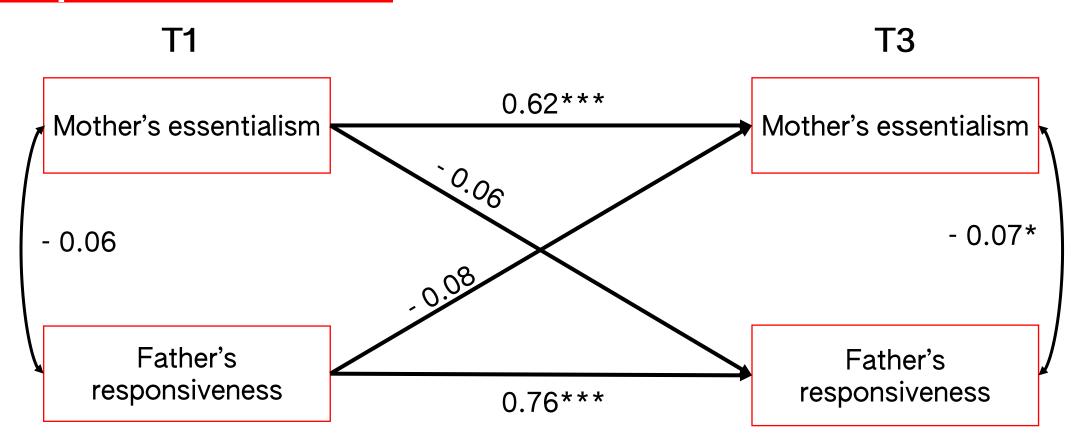
Maternal Gatekeeping

Father's responsiveness

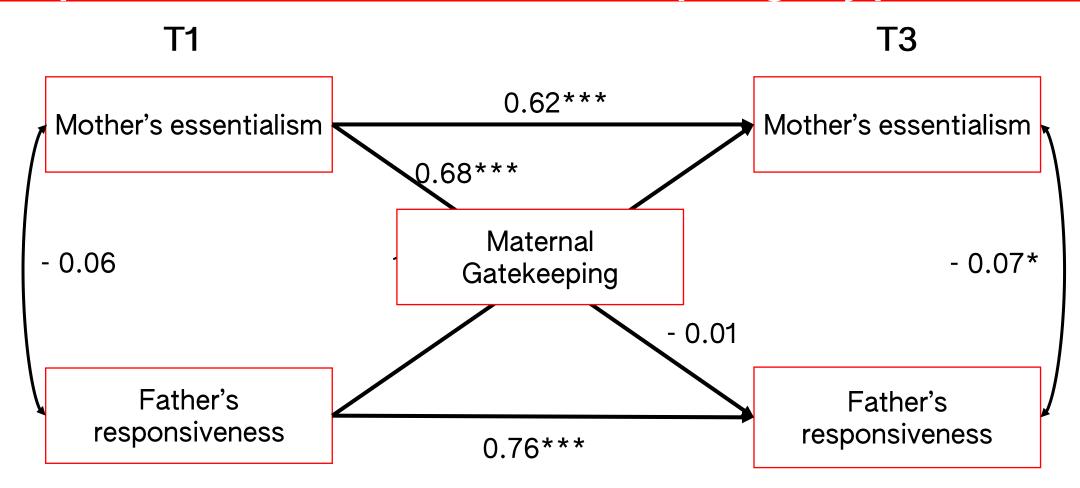
#### Cognitive Dissonance Hypothesis

Father's responsiveness

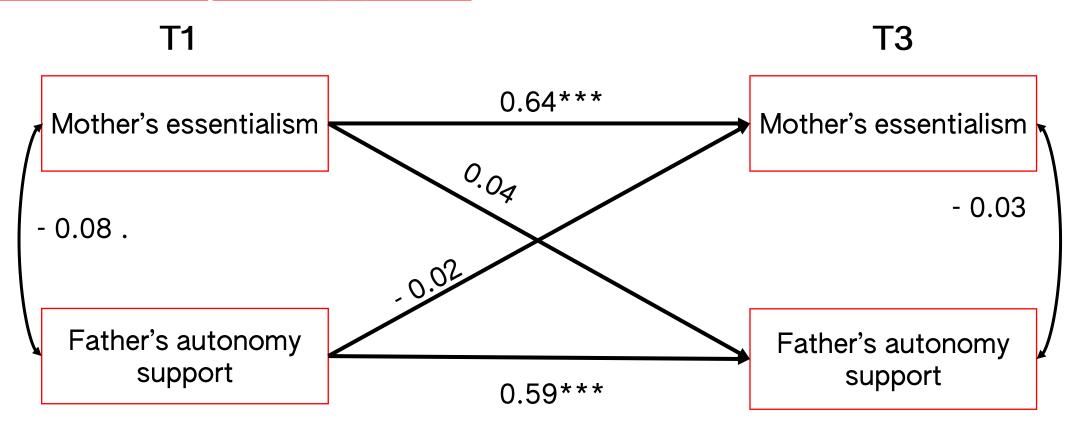
### Responsiveness



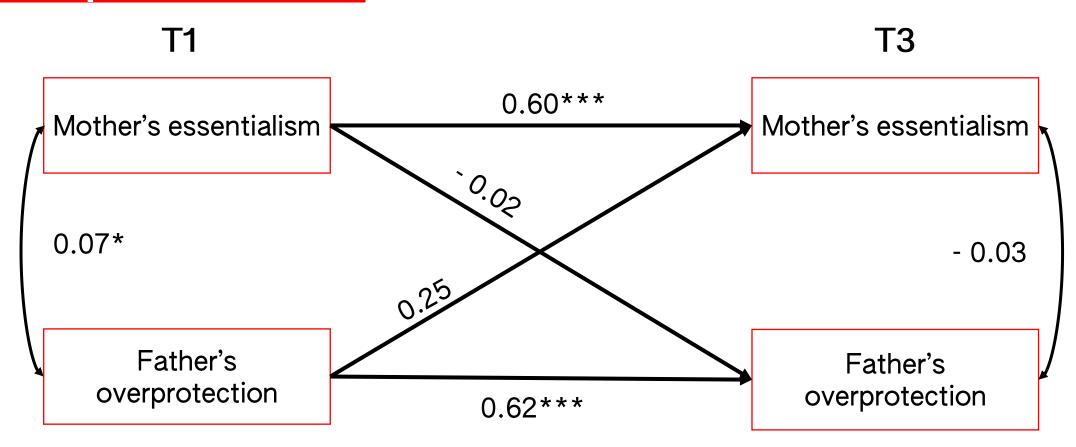
## Responsiveness: Gatekeeping hypothesis



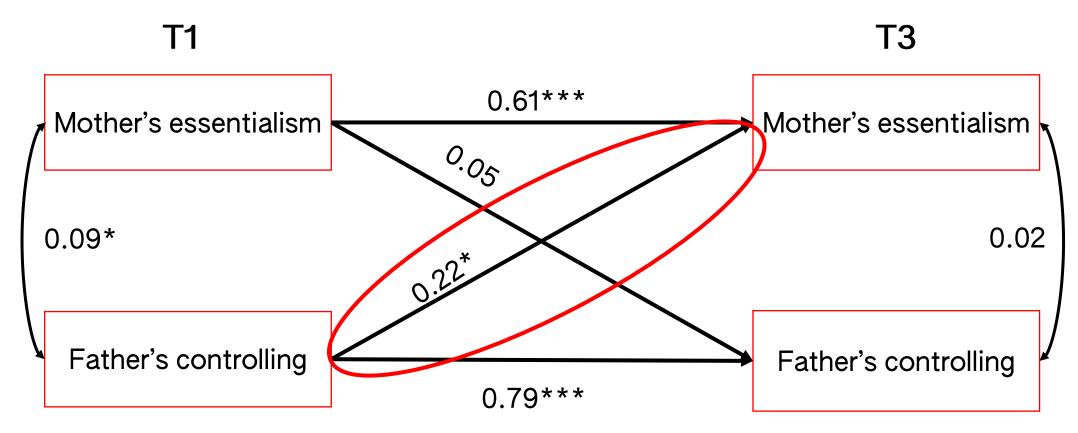
# Autonomy Support



## Overprotection



## Controlling Parenting



# Discussion

- Some support for the cognitive dissonance hypothesis
  - Fathers' controlling parenting predicts mothers' endorsement of more gender essentialist beliefs
- No evidence for the gatekeeping hypothesis
- Lot of stability
- Parents of teenagers => earlier processes?

# Avoid mother blaming discourses & Consider how behaviors may shape beliefs

"If we empower women to work outside the house, without expecting men to work inside the house—then we aren't empowering women. We're exploiting them."

-Farida D.

#### Thank you for your attention!



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