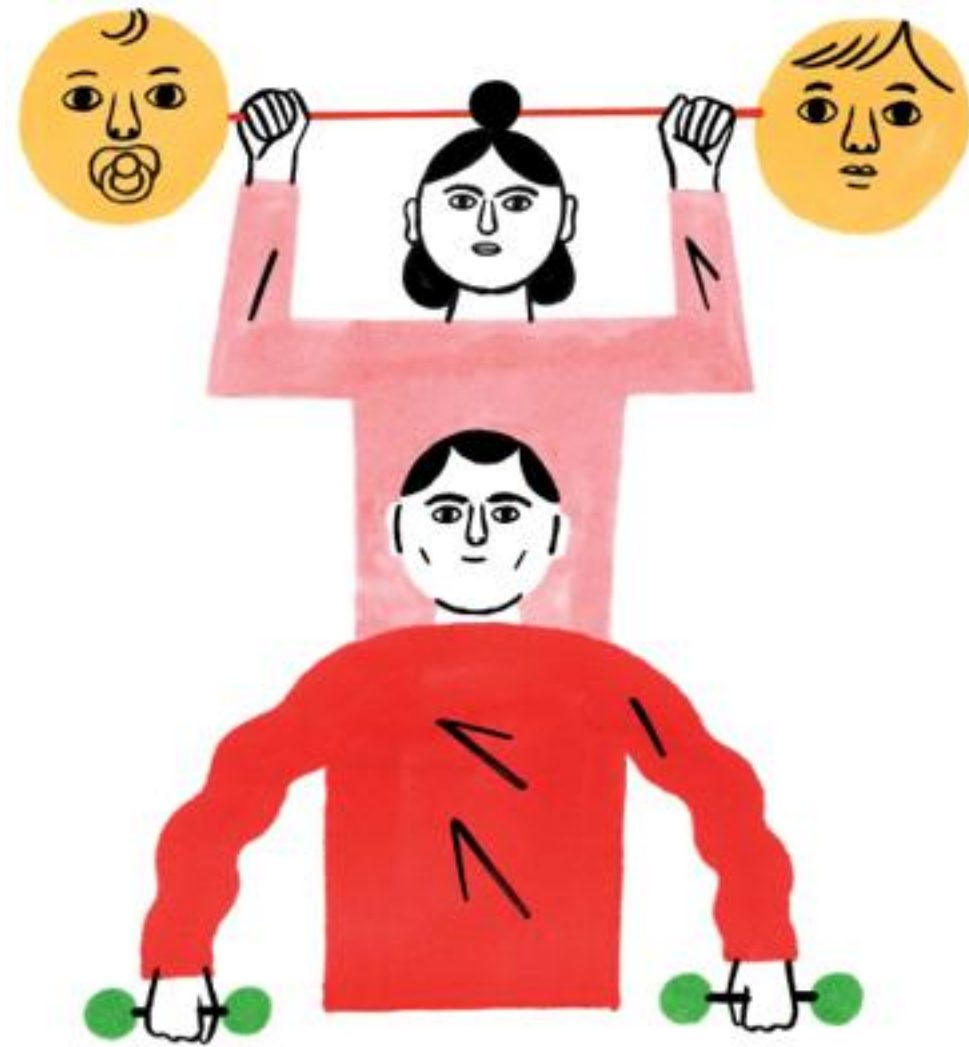




PARENTS' GENDER ESSENTIALIST BELIEFS AND THEIR PARENTING PRACTICES ACROSS CULTURES: UNPACKING THE ROLE OF GENDER INEQUALITY

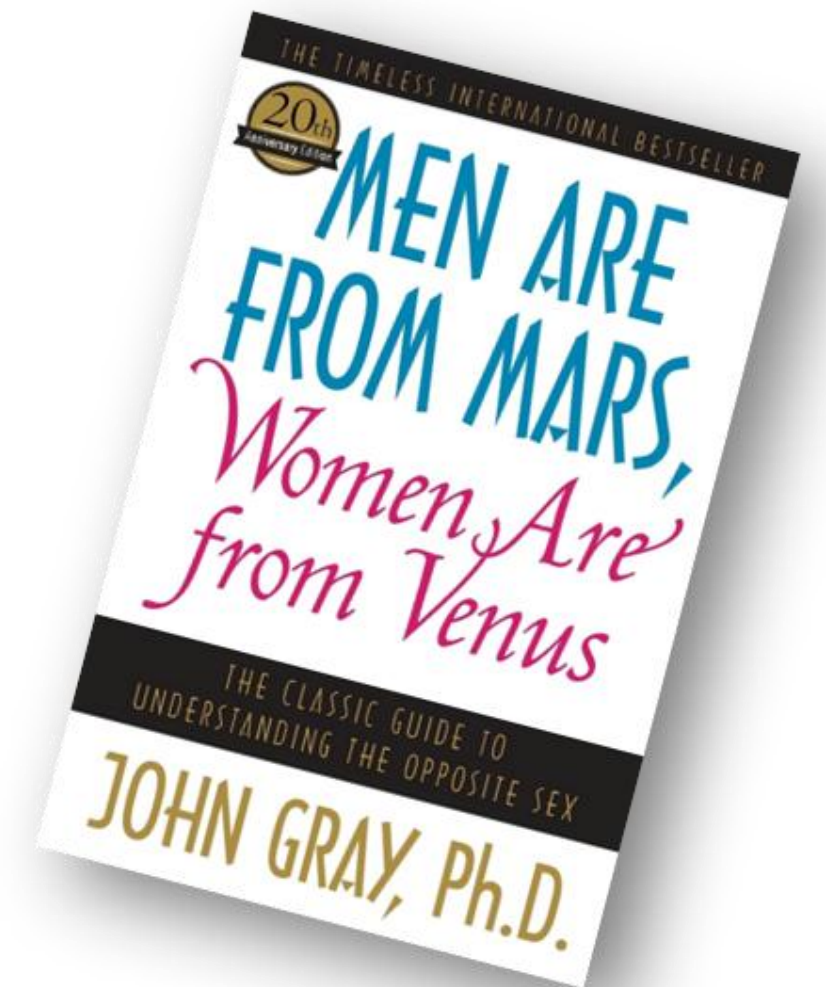
ELLI-ANASTASIA LAMPRIANIDOU, CINDY EIRA NUNES, KATHARINA BLOCK, MARIA BACIKOVA, ELIANA DE SALVO, TERESE GLATZ, FRANCESCA LIGA, BÉNÉDICTE MOUTON, CYRILLE PERCHEC, NINO SKHIRTLADZE, BART SOENENS, SPYRIDON TANTAROS, ANA TOKIĆ MILAKOVIĆ, JOLENE VAN DER KAAP-DEEDER, GAËLLE VENARD, EMILIO PAOLO VISINTIN, MELANIE ZIMMER-GEMBECK, GRÉGOIRE ZIMMERMANN, & STIJN VAN PETEGEM

GENDER ESSENTIALIST BELIEFS AND PARENTING

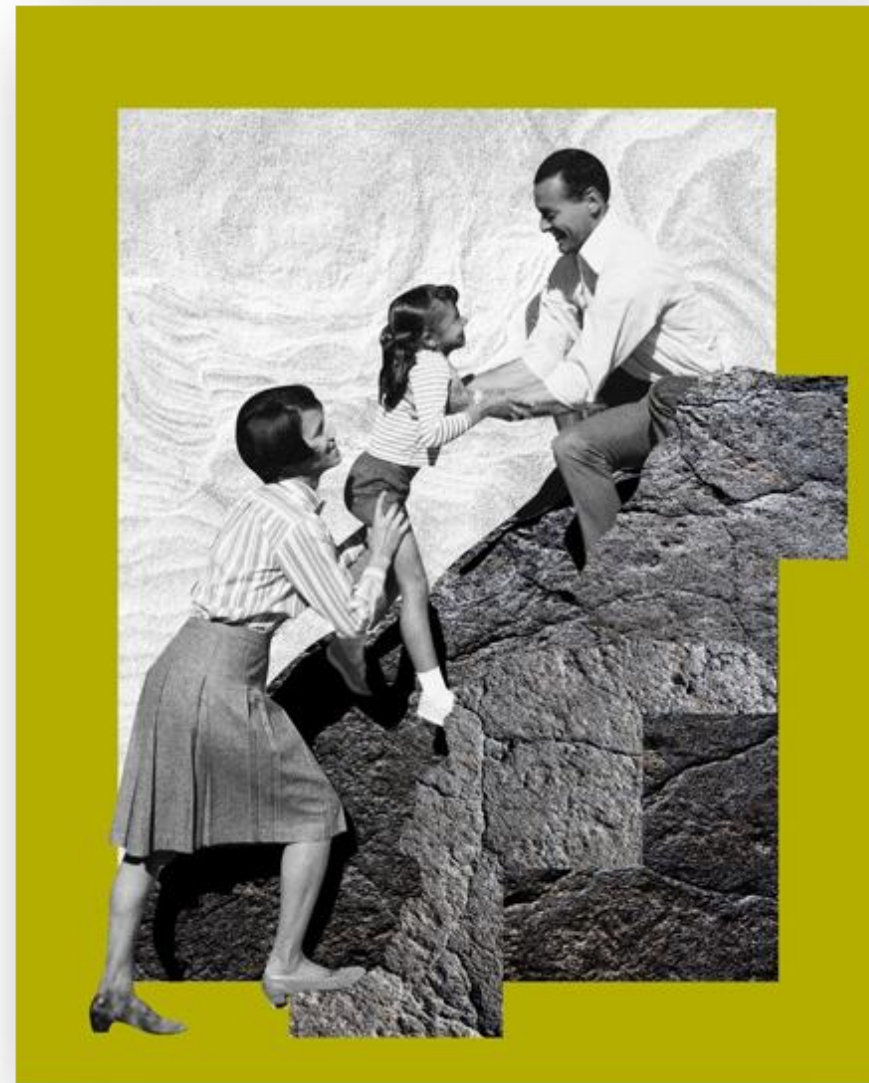


MEN AND WOMEN “**BETTER SUITED**” FOR DIFFERENT SOCIETAL ROLES, INCLUDING PARENTAL ROLES

IMPACT ON PARENTING PRACTICES








GENDER ESSENTIALIST BELIEFS AND PARENTING



**HIGHER NEGATIVE
PARENTING FOR BOTH
MOTHERS AND FATHERS**

**LOWER POSITIVE
PARENTING FOR FATHERS**

“Momma Knows Best”: The Relationships Between Mothers’ and Fathers’ Gender Essentialism and Their Involvement With Their Adolescents

[Cindy Eira Nunes](#)  , [Elli-Anastasia Lamprianidou](#)  , [...], and [Stijn Van Petegem](#)  [View all authors and affiliations](#)

> *J Fam Psychol.* 2025 Jan 6. doi: 10.1037/fam0001283. Online ahead of print.

**Intensive parenting among mothers and fathers:
Identifying profiles and examining differences in
parental involvement**

[Elli-Anastasia Lamprianidou](#) ¹, [Cindy Eira Nunes](#) ¹,
[Jean-Philippe Antonietti](#) ², [Stijn Van Petegem](#) ¹

GENDER INEQUALITY AND PARENTING



COUNTRY-LEVEL GENDER INEQUALITY → PARENTS' BELIEFS AND PARENTING PRACTICES





**1. HOW DO PARENTS' GENDER ESSENTIALIST BELIEFS SHAPE THEIR PARENTING PRACTICES?
(BELIEFS → PARENTING)**

**2. DOES COUNTRY-LEVEL GENDER INEQUALITY* SHAPE PARENTING PRACTICES THROUGH PARENTS' GENDER ESSENTIALIST BELIEFS?
(INEQUALITY → BELIEFS → PARENTING)**

OVERPROTECTION



RESPONSIVENESS





**5717 PARENTS, 39% FATHERS,
AGE (MEAN)= 48.41
RECRUITMENT VIA SCHOOLS,
ONLINE ANNOUNCEMENTS**

**11 DIFFERENT COUNTRIES
(AUSTRALIA, BELGIUM, CROATIA,
FRANCE, GEORGIA, GREECE,
ITALY, NORWAY, SLOVAKIA,
SWEDEN, SWITZERLAND)**

MULTILEVEL MODELING

1. BELIEFS → PARENTING

**GENDER ESSENTIALIST
BELIEFS**

+



$B = 0.21, SE = 0.02, p < .001$

OVERPROTECTION



**GENDER ESSENTIALIST
BELIEFS**

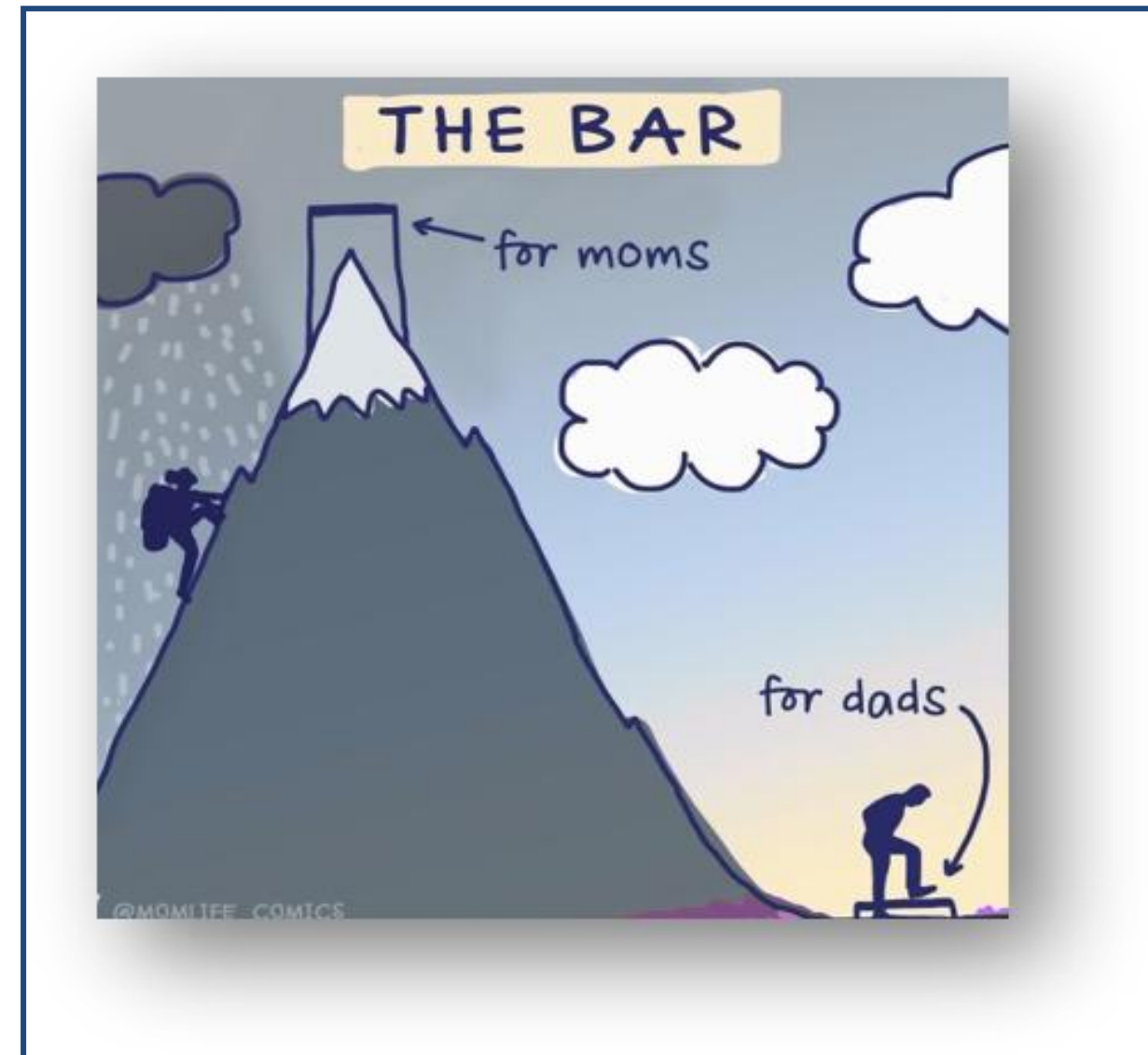
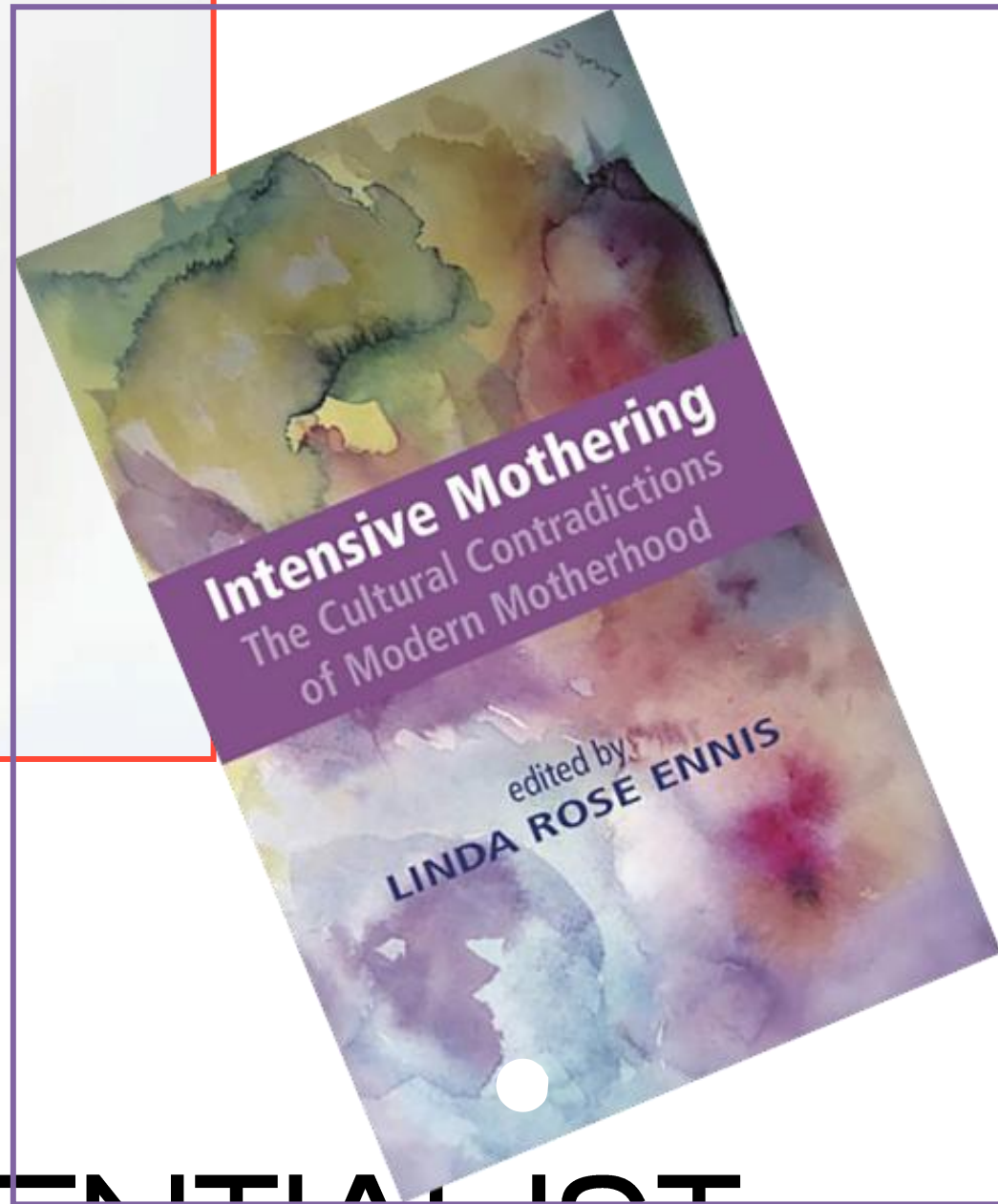
-



$B = -0.03, SE = 0.01, p = .018$

RESPONSIVENESS

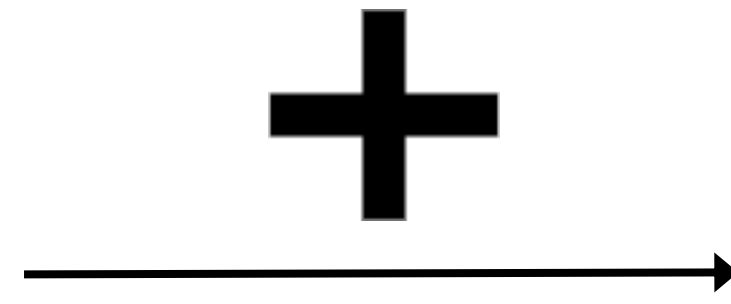




THE ESSENTIALIST
MOTHER?

1. BELIEFS → PARENTING

GENDER ESSENTIALIST BELIEFS



$$B = 0.22, SE = 0.04, p < .001$$

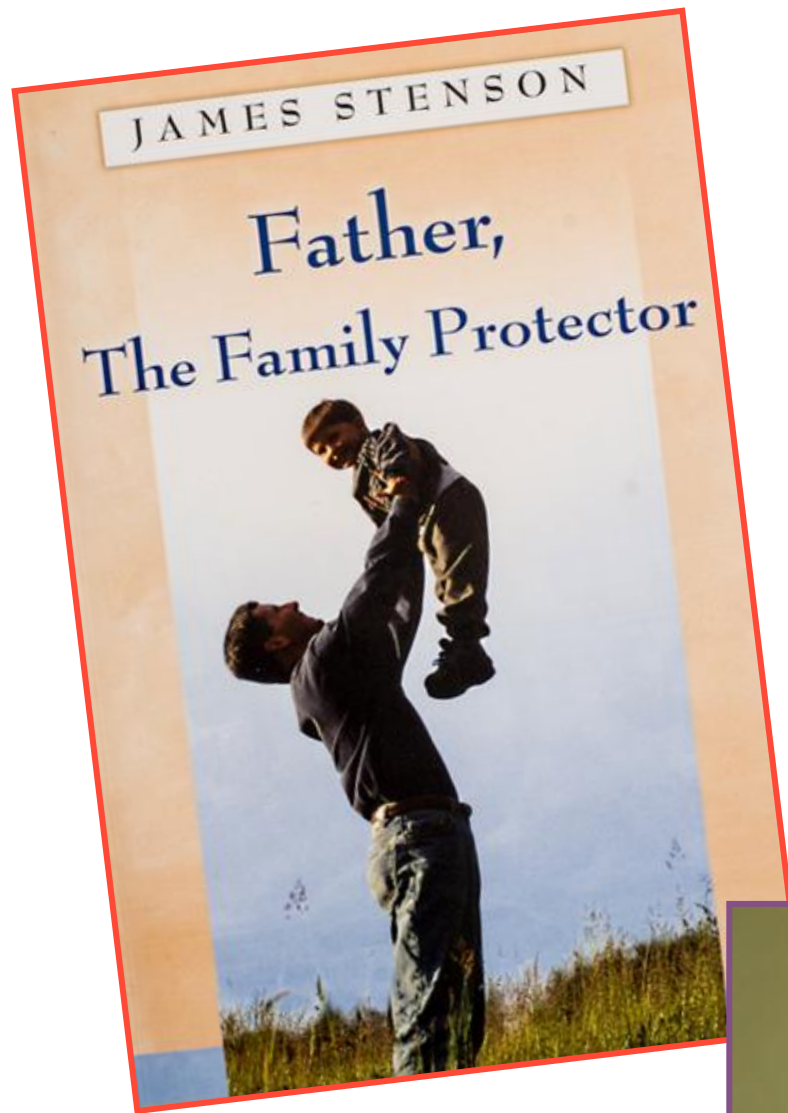


GENDER ESSENTIALIST BELIEFS



$$B = -0.17, SE = 0.0, p < .001$$





THE ESSENTIALIST
FATHER?

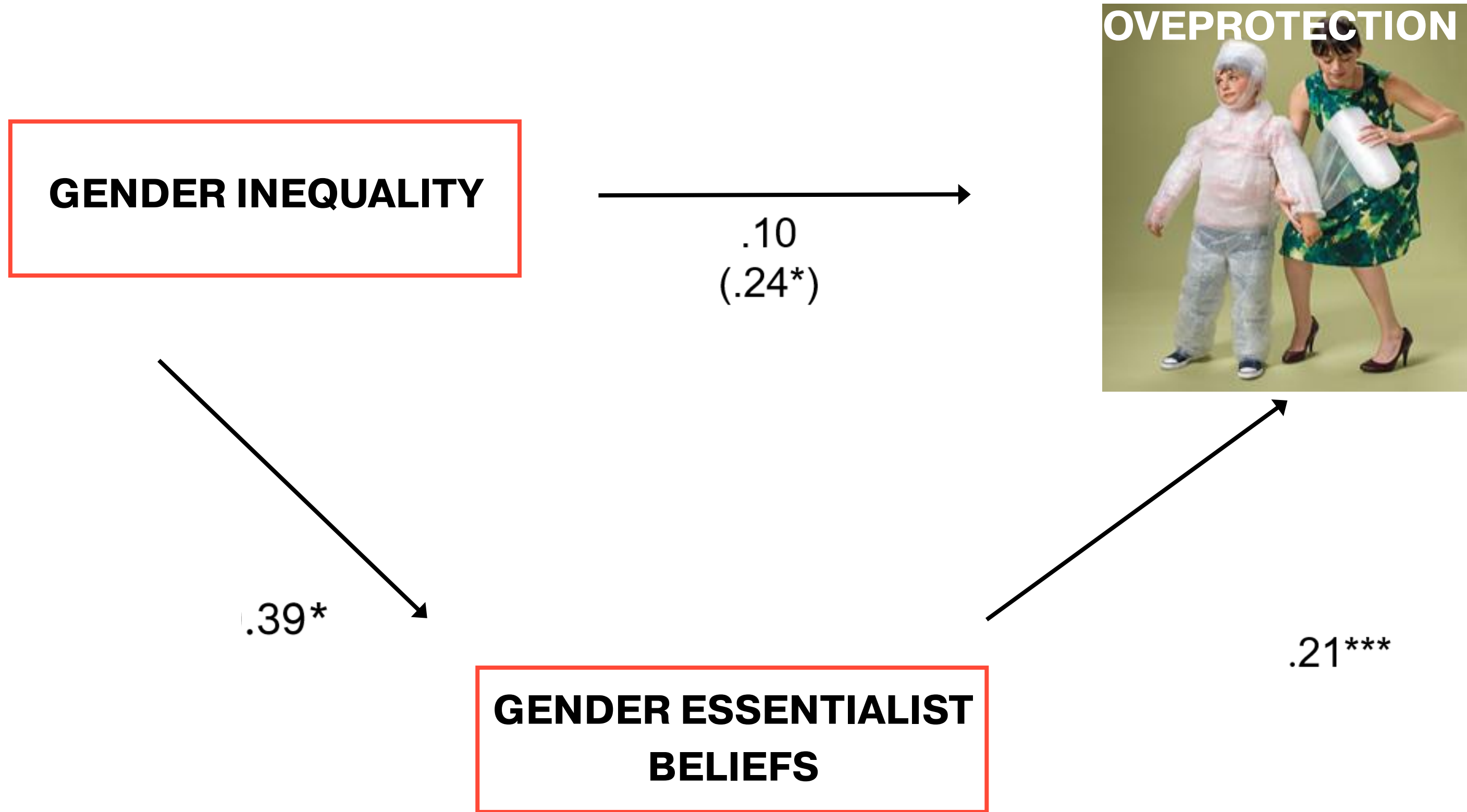
Can Dads Answer Questions About Their Kids?

Jimmy Kimmel Live
22,1 εκ. εγγεγραμμένοι

502 χιλ. | Κοινοποίηση

2. INEQUALITY → BELIEFS → PARENTING

MOTHERS



2. INEQUALITY → BELIEFS → PARENTING

MOTHERS

GENDER INEQUALITY

→
- .21**
(- .16**)



↘
.39*

GENDER ESSENTIALIST BELIEFS

↗
-.03*

COUNTRY-LEVEL GENDER INEQUALITY AS UNDERLYING MECHANISM OF MOTHERS' PARENTING PRACTICES

CONTEXT MATTERS!



Lamprianidou, E.-A., Eira Nunes, C., Block, K., Bacikova-Sleskova, M., De Salvo, E., De Spiegeleer, F., Glatz, T., Liga, F., Mouton, B., Perchec, C., Skhirtladze, N., Soenens, B., Tantaros, S., Tokić Milakovic, A., van der Kaap-Deeder, J., Venard, G., Visintin, E. P., Zimmer-Gembeck, M., Zimmermann, G., & Van Petegem, S. (2026). Parents' gender role beliefs and their overprotection and responsiveness across 11 countries: Unveiling the role of gender inequality. [Manuscript submitted for publication].

<https://doi.org/10.17605/OSF.IO/UMGHW>

SAFESORRY

ULB

UNIVERSITÉ
LIBRE
DE BRUXELLES



erc
European Research Council
Established by the European Commission



CONTACT

elli-anastasia.lamprianidou@ulb.be

LinkedIn: Elliana Lamprianidou

www.safesorry.be